

# CODE OF CONDUCT FOR YOUNG PLAYERS

## Remember not to rumble the thunder...

**T**reat team-mates, coaches, umpires and opponents with respect  
**H**ave fun, reach for the top & always try your best  
**U**mpires are to interpret the rules for you; accept their decisions  
**N**ever use bad language or insult opponents, coaches or spectators  
**D**o not try to gain an unfair advantage over opponents  
**E**njoy yourself, know the rules and play by the spirit of the rules  
**R**ealise that without opponents, there wouldn't be a game

## Remember...

- A stranger is someone you do not know. You must never go anywhere with anyone you don't know. You must always ask your parents/carers if it is OK to go with someone.
  - Other people (even relations) are not always good
  - They can hurt, bully and upset young people, so you must be very careful. Good adults do not ask young people to keep secrets. You must tell.
  - If you tell your parents or coach that you are going somewhere, you should always go there. If you change your mind, you should let them know before you go.
  - Your body belongs to you and the parts of your body that are covered by a swimming costume are private and shouldn't be touched. Sometime a doctor or Nurse might have to touch there, but your parents/carers must always be there. If not, you can ask for someone else to be there.
  - If anyone does anything you don't like, you must tell an adult that you trust. If they don't believe you, you must tell another adult until you are believed.
  - You should know your address and telephone number, and know to make a reversed charge call should you need picking up or are in any sort of trouble.
- If your parents/carers send someone to pick you up from the Netball Club, they should use a secret code word which your parents/carers and you arrange. Your parents/carers and you should let your coach know when someone other than them is collecting you.
- If you see a friend getting into a car or going off with a stranger, you must not go near enough for them to get you, but you should shout and tell them not to go, and then tell an adult.
- It is always OK to say "no" to someone, even a grown up, who is trying to make you feel uncomfortable.
- Shout and run away if someone frightens you or follows you. Go towards places where there are people, or knock on someone's door and ask for help.
- Remember keeping safe is the important thing. You can break normal rules in order to stay safe.